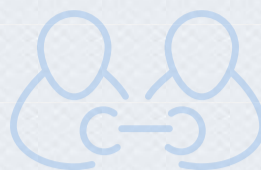


# NSECDis Services During COVID 19

During these challenging times, we want you to know that support is available for you and your family. To assist you in understanding and maximizing your service options with NSECDis during this time, we offer the following information:

## 1 Discuss your options with your Developmental Interventionist



We encourage you to connect with your Developmental Interventionist to discuss what will be most helpful to you and your family. These uncertain times may have changed your current priorities or added to your home responsibilities, discuss what supports would be most useful to you and your family at this time.



## 2 We are here to help

Your Developmental Interventionist is available to assist you in navigating through these uncertain times, such as understanding and accessing local, provincial and federal programs, services and supports that may assist your family.



## 3 Child Development Support



Your Developmental Interventionist is available to support you in monitoring your child's development and assist you in developing a plan and strategies to support your child's growth and progress. This also includes activity ideas and the development of positive behaviour support plans through remote discussions.



## 4 Transition Support

Planning for upcoming transitions during this uncertain time can be challenging. Your Developmental Interventionist is available to coach you through the transition process, sharing information about service systems and supporting communication with your child's new child care, pre-primary or school environment.

## 5 If you just need to talk



Stay at home measures and less available supports can make family life busy and stressful. It is important at this time to connect with others and look after your own emotional well-being. Your Developmental Interventionist is interested in how you and your family are doing and will be happy to talk to you about your family's daily life.



## 6 Many ways to connect

There are many ways to connect with your Developmental Interventionist. You can connect by phone, email, video or audio conferencing and sometimes by text if your Developmental Interventionist has a texting number available.

## 7 Video Conferencing



If you have access to the internet, you may want to consider Video Conferencing as a way for you and your child to interact with your Developmental Interventionist. Other family members are also welcome to join. It is a potential opportunity for your Developmental Interventionist to coach you through an activity or strategy with your child or discuss a routine or topic that is important to you.



## 8 Maximize your time together

We invite you to talk with your Developmental Interventionist about your family's priorities. Please be sure to schedule your remote visits at a time that works best for your family. We also encourage you to share information about what typically happens during daily routines and provide feedback on what is working and not working so you can problem solve together.

Thank-you for your support. We look forward to resuming our usual model of service delivery soon.